

MARLA HEDMAN

SAILING & POWER INSTRUCTOR



Available for Crew and Skipper Training; on private or charter yachts. International Skipper and Crew Services; make your family vacation easier. Yacht Deliveries. Charter and Travel Consultant.

Canadian Recreational Yachting Association INSTRUCTOR; Sailing and Power Courses

International Bareboat (IYT) SKIPPER

IYT Sailing & Power INSTRUCTOR

ICC Certified



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VANCOUVER, BC

Marla grew up in the lake country of northern Manitoba and sailing caught her fancy as a youth learning to sail through the Manitoba Parks and Recreation Learn to Sail program.

Working for a chartering company and drop in racing clubs inspired her to become a skipper and eventually a sailing instructor. Marla specializes in introducing sailors into the wonderful world of cruising. She coaches new and experienced sailors alike and mentors new instructors.

Since the early 2000's, her passion has been organizing and leading flotilla trips to international destinations including Croatia, Turkey, Italy and the British Virgin Islands.

WORK EXPERIENCE

Since 2005, approximately 1000 NM a year have been spent afloat with students

Since 2004 Marla has been a Flotilla Organizer and leader, taking in Canadian West Coast, BVI - Caribbean, Turkey, Croatia and Italy.

Sea Miles: over 20,000 NM Night Miles: 300 Hours

2023 - 2024

Skipper, coach, mentor, consultant on the west coast of Canada. 200 days and 3000 NM.

Flotilla organizer and lead Skipper in Croatia. 45 days, 600NM. Vessels are 40' and 50' monohulls and 42' to 54' catamarans.

2020 - 2022

Skipper and Coach aboard 4 vessels with regularity: a 40' monohull, 45' monohull, 50' monohull and a 42' catamaran. Total of 265 days, 152 nights at anchor, 5500 nautical miles upon the west coast inland sea of Canada.

2019

September - 14 days Flotilla Skipper/Leader on 42' catamaran in Croatia.

March to November - full time cruising certification instructor with Lagoon cats and Jeanneau monohulls with Nanaimo Yacht Charters and on private assignments. Total 105 Days.

February - Sea of Cortez for 10 days. 38' offshore cruising monohull.

2018

Sailing Vessels 34 to 56 feet and a 42' Catamaran Flotilla

Flotilla Leader for 6 boats - 14 days in Croatia September

Canadian Pacific Coast- 60 Days Yachting Instructor April thru September

Canadian Pacific Coast - 20 Days Skippering June thru August

Charter Skipper 6 boat Flotilla Leader Croatia

10 weeks of Coastal Instructing Sailing - BC/CA

4 Sailing yacht deliveries Vancouver/Seattle area.

Certification

Canadian Recreational Yachting
Association Member
Coastal Cruising & Navigation
Instructor
2020 -2025 CRYA Board Member
CYA Intermediate Cruising Certified,
2005
CYA Advanced Cruising Certified,
2006
CYA Pleasure Craft Operators
Certificate, 2007
CYA Coastal Navigation Course,
2005
CYA Basic INSTRUCTORS Course,
2005
CYA Intermediate INSTRUCTORS
Course, 2008
Crossover: IYT Programs
ICC registered in Europe, 2012
IYT Sailing and Powerboat Instructor
CYA Sail and Power Instructor
CYRA Instructor

Expertise

Coastal Navigation, Tide and Current
Charts, Dead Reckoning and heavy
weather trip planning.
VHF Radio Operators certified
w/DSC.
Personal Skipper on sailing vessels
to 53 feet in the Pacific Northwest,
Mediterranean and Caribbean.
Basic Mechanical knowledge of
boat systems, electronics and diesel
engines.
Catamaran cruising yachts: I run
"train the trainer" programs, and
also teach clientele coming for
learn to sail programs in Canada.
Coach cruising instructors on
Advanced Docking and Line
Handling.

EXPERIENCE *CONTINUED*

2017

Sardinia Flotilla Leader/Slipper – 7 days / 4 boats
Cruising Instructor – 70 days Pacific NW
42 Lagoon Cat - 50 days - Les Sables D'Olonne
Faro Portugal – Skipper. 1200 NM
42 Lagoon Catamaran – coach 3 days

2016

Boat Coach/Skipper 32 to 40" and 70 days
Skipper on 56 Dufour Sloop 15 days
Flotilla Leader, Skipper on 45' Croatia 14 days

2015

Cruising Instructor, 10 days, 42', Turkey, Flotilla
Cruising Instructor, 14 days, 44', Greece, Flotilla
Cruising Instructor, 150 days, 33'-45' – 2000 NM
Skipper, 21 days, 56' DUFOR – 400 NM

2014

20 days, 50' sloop -Croatia, Flotilla Leader-6 boats
20 days in BVI –10 on a 42'sloop 10 on a 53' sloop
Skipper, Flotilla Leader for 7 boats

2013

Cruising Instructor, Pacific NW Canada – 35 days,
Skippered 46 Bavaria, 7 days Pacific NW 100 NM
Skippered 40 Lagoon, 7 days Pacific NW 100 NM

2012

1000 NM from San Diego to Cabo San Lucas,
Watchkeep and helm on 42' sloop for Baja HaHa 2012
Skipper on 49' sloop, Adriatic Croatia 10 days
Flotilla Leader for 6 boats
Cruising Instructor - Pacific NW 2000 NM
Skipper/Coach on 42 Nordic Tug – 120 NM/5 days
Power yacht deliveries – 46' twin engine - 200 NM

1990 - 2011

Summary: Recreational racing crew, Charters as
Skipper and Crew, 5 Caribbean Flotillas as head
Skipper/Organizer, 3 Mediterranean Flotillas, PNW
cruising instructor for 10 summer seasons, multiple
1,000s of nautical miles, night anchoring, etc.